

I'm working night shift,  
so my hourlies are different



9:00 AM

(1 hour after  
going to bed)

Whap  
Whap

Whap  
Whap  
Whap  
Whap  
Whap  
Whap



Whap  
Whap  
Whap  
Whap

10:00 AM ~ 2:45 PM



3:00 PM :

"Morning" exercise.



4:00PM

Breakfast

Monch  
monch



Get dressed

Surgery  
on a  
laptop



Anxiety  
time.



escaped  
laptop

5:00 PM



Get dressed.



Pack lunch.



Cat escapes  
into hotel  
hallway.



6:00PM



Get groceries



Get precious sandwich



Eat sandwich in car

7:00 PM

Go to  
Work

Anxiety  
time.



Watch  
a lecture  
on ancient  
China from  
The Great Courses.



8:00

to

10:00 PM

Work Stuff





10:00pm

Remember it's  
hourlies day

& catch  
up on  
them!



Scribble  
scribble

Scribble

scribble

11:00 PM

Work stuff



Watch  
"Matrix" parts  
1 (1971) & 3 (1972)  
by John Whitney

Woah...

& really zone  
out.



12:00 AM

Snacks



The long,  
dark  
restime  
of  
the  
Soul

Reading a  
book about  
nuclear near-  
disasters.



Starting to  
think genocidal  
bombs might  
be bad...

A Short History  
of Nuclear Fall

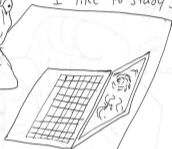
1:00AM

The long,  
dark  
teatime  
of  
the  
Soul



2:00 AM

I've got this old  
Japanese book called  
"Hamonshu" (vol 1-5) about  
wave design in art that  
I like to study sometimes.



2:00 AM - 4:00 AM

Painting

Carbon

Carbon

3:00AM - 4:45AM

Painting  
on  
Cardboard



Very  
meditative

5:00PM

5:00 AM

Work  
Stuff



More  
Snacks

6:00AM

Jasmine  
green  
tea





7:00 AM

Shift  
change!



8:00 AM



shower

8:00AM

